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SOLUTIONARIES FOR THE BUILT ENVIRONMENT

Term-III (2018-19)

Faculty Profile

Course title- Explorations in Life space, life Roles & Identity (ELRI)



PROF. INDIRA PARIKH

She is one of those few academicians not only known for her inspirational leadership, but also for her exemplary contribution as a teacher of management studies for over 30 years. Prof. Parikh is the Founder President of FLAME, Foundation for Liberal and Management Education, prior to which she was the Dean of IIM Ahmedabad. She has also served as a faculty member at the institute where she taught Organisational Behaviour. Prof. Parikh holds a Master's degree from University of Rochester and was a Visiting Research Scholar at INSEAD (France) as well.

With her expertise in organisational development and design and institution building, Prof. Parikh has held various positions of excellence at IIM Ahmedabad, has designed and contributed in developing management programmes for managerial role effectiveness, issues of roles and identity, and stress and self-renewal for men and women in organisations. Being known as a visionary leader, she has also offered consulting services to various national and international organisations.

Course Name: Explorations in Life space, life Roles & Identity (ELRI)

Faculty Name: Prof. Indira Parekh, Sushanta Banarjee

Resource Person: Manujnath and Cindu

Number of credits: 1

1) Course brief / Abstract:

ELRI is an experience based learning course. The course is for five days. The course is designed on the assumptions that an individual takes a pause and requires time, space and a person/persons with whom the individual can reflect on the journey of his/her life, the critical and impactful events of his/her life which have shaped the individuals life so far, the social, cultural and family codings of role taking and the pulls of the individuals own identity to give shape to his/her life. The lab facilitates to explore dilemmas the individual's life experiences from childhood to adolescence, from adolescence to the present and discover that there are multiple meanings to each of the experiences. The individual also deserves the multiple choices available and the identification of multiple meanings to the same reality.

2) Course Objectives:

To discover freedom from the coded meanings which are anchored in residues of past experiences, family, society & culture and to find relevant and wished for ways of relating to the world.

The ELRI also focuses on the acculturation processes, societal values of role taking, family socialization process of desirable roles and the individuals own experiences and meanings of growing up.

3) Prerequisites:

- A peaceful space, communication friendly setting and sufficient time
- Open mind set to learn, share and participate

4) Methodology:

Methodology is participative and exploratory. No solutions or specific answers are given. Each participant is invited to share whatever aspects of the journey of life and relationships which he/she wishes to share. There are no compulsions for specificities of sharing. There is only an invitation which an individual gives himself/herself for sharings and reflections. The role of the faculty is to facilitate explorations and reflections.

There are role plays, social and cultural psycho-dramas, story creation and story telling. Sessions are from 9.30 am to 8 pm. The learning takes place under the trees. The participants and faculty go out of the campus to a resort called Run Rides in Zainabad which provides an ideal location for self-exploration and reflections.

5) Learning Outcomes:

- Enhance Self Awareness by making every Individual ask and request on some basic philosophical questions like-
 - Who am I?
 - What is the purpose and meaning of life?
 - How do I relate to the world and people around us?
 - How do I give shape to my own life and what do I offer to the world? The focus is on relating to the self and relating to the world.
- Higher level of self-awareness ultimately contributes to enhanced Empathy, better team building and Leadership

6) Schedule:

<i>Day</i>	<i>Session 1</i>	<i>Session 2</i>	<i>Session 3</i>
1- 18th Dec.	6 pm to 8.30 pm		
2- 19th Dec.	9.30 to 8 PM		
3- 20th Dec.			
4- 21st Dec.			
5- 22nd Dec.			
6- 23rd Dec.	9.30 to 2 PM		

7) Assignment Brief and Evaluation criteria:

Assignment 1	Weightage	Individual/ Group	Brief of assignment	Form of output:
Autobiography	50 Marks	Individual	Write at least 15 Page Biography on self	Book/booklet
Assignment 2	Weightage	Individual/ Group	Brief of assignment	Form of output:
Biography	50 Marks	Individual	Biography of a family member or a stranger based on interviews. Minimum 15 pages	Book/booklet